

## SIXTH SUNDAY IN ORDINARY TIME

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### Vocation Seeds

Today's Gospel says that, "Jesus was moved with pity when He saw a leper". Are you moved with love and compassion when you see the outcasts of today's society? Today, Jesus continues to call forward men and women to minister as he did. If you think God is calling you to be a priest, religious, or permanent deacon, call Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416 968 0997

**email: vocations@archtoronto.org**  
**www.vocationstoronto.ca**

### ShareLife

As we approach our first ShareLife collection on March 17, it is essential that we come together in compassion to meet our Archdiocesan Campaign goal of \$14 million, addressing the growing needs in our communities. By reaching this goal, our agencies will continue to:

- Offer walk-in counseling to those facing mental health issues
- Help victims of domestic violence
- Ensure isolated seniors are not forgotten
- Deliver food to children in developing countries
- Form priests and deacons who will minister in our parishes

Your support of ShareLife makes these programs possible, among many others. Please give through the parish using a ShareLife envelope, online through our parish website, or at [sharelife.org/donate](http://sharelife.org/donate).

### 50/50 Draw

The Knights of Columbus are selling raffle tickets as a fundraiser for the Knights of Columbus Charities. You can purchase ten tickets for \$10, forty tickets for \$20, a hundred and twenty-five tickets for \$50, and three hundred tickets for \$100. An Early Bird draw with three small cash prizes of \$500, \$250 and \$250 will take place on February 14. The Grand Prize draw will take place on April 28, and right now 50% of the total (the Grand Prize) is \$12,320. Please speak to the Knights in the foyer of the church after Sunday Mass.

### Saint Aidan Book Club

We are meeting on Tuesday February 20 at 6:30 pm at St. Aidan's to discuss the book, "The Imitation of Christ" by Thomas Kempis. The book contains clear instructions for renouncing worldly vanities and vices, and shows us how to live the Christian ideal of a disciplined life characterized by simplicity, humility, and charity. To register, Contact Rosario Dizon at 416 731 0484.

### MASS INTENTIONS

#### Saturday February 10:

5:00 pm +Rosie & Joseph Fernandes  
+Dan Remo  
+Julian Joseph  
+Enjelo Marrius Balane  
+Victorino Bebomeria  
+Belinda Lacurom  
+Clara & Charmaine Pereira  
+Aquntania & Albert Espeja

#### Sunday February 11:

9:00 am Anthony Wai Family  
  
10:30 am Deceased Members of Patterson and  
Nugara Families  
  
12:00 pm Pro - Populo

#### Monday February 12:

9:00 am +Elizabeth Leung Lyson

#### Tuesday February 13:

9:00 am In Thanksgiving of Liza Lanoy

#### Wednesday February 14: Ash Wednesday

9:00 am Celebrant's Intention  
  
1:00 pm St. Aidan School Mass (anyone can attend)  
  
7:30 pm Celebrant's Intention

#### Thursday February 15:

9:00 am +Mary Castelino

#### Friday February 16:

9:30 am Celebrant's Intention  
  
7:30 pm +Julian Vasquez Sr.

#### Saturday February 17:

9:00 am Celebrant's Intention

### Out of the Cold

Help feed the homeless by making sandwiches and salads on March 3rd at 11:30 am to 1 pm, at St. Aidan's Meeting Room 1. See bulletin board in the foyer for the Sign-Up sheet or contact Wayne Wavryk at 416 254 9464.

# February 11, 2024

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## Ash Wednesday is on February 14

Ash Wednesday like Good Friday is a day of Fasting and Abstinence from meat. The law of abstinence from meat is binding on those who are 14 and older. The law of fasting is binding on those who are 18 to 59 years of age. The requirement for fasting is that you can have one full meal and two other small meals in such a way that the two small meals don't add up to a full meal (and of course, no meat). If required you may drink beverages between meals but not something that is filling (such as a milkshake). Mass times for Ash Wednesday are: 9:00 am, 1:00 pm St. Aidan's School Mass (anyone can attend), and 7:30 pm (with Perpetual Help devotions).

## Lenten Resolutions

Every Catholic is called to strengthen their spiritual life during the season of Lent. We should all make reasonable but challenging resolutions in three areas of our lives; our prayer life, self-denial, and charitable works. Pick something for each of these three that you can reasonably do for the entire period of Lent, but something that will have a good level of challenge or difficulty. Keep in mind that your penances, or resolutions, should not be a burden to others. Some suggestion examples: Pray more, read from New Testament daily, come early to Mass to prayerfully prepare; Give up TV or watch less, reduce time on social media, don't snack, give up sweets, exercise regularly, don't sleep in, take a cold shower; Be more helpful around the home, visit or call relatives or old friends, do nice things for others, be more cheerful, befriend someone, give to charitable organizations, be kind and be polite even when you don't feel like it.

## Spiritus East Young Adult Ministry (19-35)

### "eu-charis-tia" Mass// Talk// Fellowship

Our February ministry night will be on **Tuesday, Feb 13 at St. Aidan R.C. Church**. As Catholics, the Mass is the source and summit of our life. In Greek, the word "charis" in Eucharist means grace. Come join us as Fr. Joshua Roldan shares on the graces that flows from the Eucharist. We will be participating in a walkthrough of the Mass to receive fully the Lord with joy and thanksgiving. Bring your friends and see you there!

For more information or to get involved please contact Samantha Goh, Eastern Region Youth Adult Minister, at [spirituseast@gmail.com](mailto:spirituseast@gmail.com) or 416 599 7676.

## Stations of the Cross During Lent

One great way to deepen our spiritual life during Lent is praying the Stations of the Cross. Every Friday during the season of Lent we will have the Stations of the Cross after the Friday evening 7:30 pm Mass. Everyone is welcome to participate.

## Gospel Reflection

The leper in today's Gospel says to Christ, "If you choose, you can make me clean". He clearly has faith in Christ's ability to heal and he is rewarded by his efforts to come to Christ. Miracles continue to occur in every age. Physical healings, although more obvious, are not nearly as common as spiritual healings. To be able to be forgiven of mortal sin or to be able to overcome certain sinful inclinations can be more liberating than being healed of leprosy. Like the leper we too must come to Christ. Christ does choose our total healing, both spiritual and physical but we have to trust in His timing. For most of us being freed from all physical ailments will not occur until we are with Christ and our bodies have been resurrected.

## Lenten Alms-Giving Food Drive

### "Go Make a Difference"

This Lenten Alms Giving Food Drive is being organized by the St. Aidan's Catholic Women's League, from Saturday, February 17th to Saturday, March 2nd in support of two Scarborough food banks. Need food items;

- Pasta, Rice, Cereal/oatmeal, Cookies/snacks, Oil
- Canned fish/tuna, fruits/beans/veggies, soups
- Tea, Coffee, Sugar, Peanut Butter
- Baby food/formula

Please deposit your food donations in the bin in the church lobby. Thank you for your generosity.

## Society of St. Vincent de Paul

Tel: 647 772 1319

[www.svdptoronto.org](http://www.svdptoronto.org)

Do you wish your prayer to fly to God? Make for it two wings: fasting and almsgiving. - St. Augustine

May God Bless you. Your kindness and generosity are making a difference.

If the poison of pride is swelling up in you, turn to the Eucharist; and that bread, which is your God humbling and disguising himself, will teach you humility.—  
St. Cyril of Alexandria