

FIFTH SUNDAY IN ORDINARY TIME

Vocation Seeds

Jesus created much excitement in His day through His preaching, teaching, and healing. Today, the Church communicates that same wonder and grace by those active in priesthood, religious life, and lay ministries. If you think God is calling you to be a priest, religious, or permanent deacon, call Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416 968 0997

email: vocations@archtoronto.org
www.vocationstoronto.ca

Gospel Reflection

Jesus was very busy, the crowds were continually coming to Him. He got up very early, while it was still dark, even though He must have been very tired, and He went to a deserted place where He could pray undisturbed. We need to make time to pray, to be alone with God.

Valentine Dinner and Dance

The St. Aidan Council's Knight of Columbus is inviting you and your loved ones to a Valentine's Day fundraiser event, scheduled for **Saturday, February 10th**, starting at 6:30 PM in the Parish Hall. Tickets are priced at **\$50 each**, covering a delightful evening featuring a sumptuous meal, a DJ, door prizes, games, dancing, and entertainment.

The funds generated from this event will be directed towards supporting local charities supported by the Knights of Columbus. Your tickets can be purchased after Sunday Masses in the foyer. For more information and to RSVP, please contact Luis Dizon at 647 862 6717 or speak to one of the Knights. Join us for a fun and enjoyable evening while contributing to a worthy cause!

50/50 Draw

The Knights of Columbus are selling raffle tickets as a fundraiser for KofC Charities. You can purchase ten tickets for \$10, forty tickets for \$20, a hundred and twenty-five tickets for \$50, and three hundred tickets for \$100. An Early Bird draw with three small cash prizes of \$500, \$250 and \$250 will take place on February 14. The Grand Prize draw will take place on April 28, and right now 50% of the total (the Grand Prize) is \$3,185. Please speak to the Knights in the foyer of the church after Sunday Mass.

MASS INTENTIONS

Saturday February 3:

5:00 pm Birthday Blessings for Jason Singh
Carla Denise Ebalo
+Melissa Blatchford
+Generoso & Noemi Palma
+Ferdinand D'Souza
Deceased Members of Ascano & Wong Families
Holy Souls in Purgatory

Sunday February 4:

9:00 am +Grace Ha Hon

10:30 am +Aloysius Kar On Leung

12:00 pm Pro - Populo

Monday February 5:

9:00 am +Rosa Loong

Tuesday February 6:

9:00 am +Johannes (Bung Hang) Lim

Wednesday February 7:

7:30 pm Jeff Lemoc & Family
+Phillip D'Souza
+Carlos Sierra Montoga
+Amando & Loreto Lanot

Thursday February 8:

9:00 am +Tristram Patterson

Friday February 9:

9:30 am Celebrant's Intention

7:30 pm Jocelyn Wong

Saturday February 10:

9:00 am Celebrant's Intention

Sanctuary Lamp

Holy Souls in Purgatory

The Pope's Prayer Intention

For the terminally ill: We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

February 4, 2024

Ash Wednesday is on February 14

Ash Wednesday like Good Friday is a day of Fasting and Abstinence from meat. The law of abstinence from meat is binding on those who are 14 and older. The law of fasting is binding on those who are 18 to 59 years of age. The requirement for fasting is that you can have one full meal and two other small meals in such a way that the two small meals don't add up to a full meal (and of course, no meat). If required you may drink beverages between meals but not something that is filling (such as a milkshake). Mass times for Ash Wednesday are: 9:00 am, 1:00 pm St. Aidan's School Mass (anyone can attend), and 7:30 pm (with Perpetual Help devotions).

Lenten Resolutions

Every Catholic is called to strengthen their spiritual life during the season of Lent. We should all make reasonable but challenging resolutions in three areas of our lives; our prayer life, self-denial, and charitable works. Pick something for each of these three that you can reasonably do for the entire period of Lent, but something that will have good level of challenge or difficulty. Keep in mind that your penances, or resolutions, should not be a burden to others. Some suggestion examples: Pray more, read from New Testament daily, come early to Mass to prayerfully prepare; Give up TV or watch less, reduce time on social media, don't snack, give up sweets, exercise regularly, don't sleep in, take a cold shower; Be more helpful around the home, visit or call relatives or old friends, do nice things for others, be more cheerful, befriend someone, give to charitable organizations, be kind and be polite even when you don't feel like it.

ShareLife

Thank You for your generous contributions to our ShareLife Campaign for 2023. Our total collected was \$58,306.40. We got 99.5% of our goal of \$58,600.00. May God reward you for your generosity and for all the charitable works that you have made possible through the numerous agencies supported by ShareLife.

Lent comes providentially to reawaken us, to shake us from our lethargy. - Pope Francis

2024 Donation Envelopes

Please pick up your 2024 Donation Envelopes arranged in numerical order. If you can not remember your envelope number, one of us from the gift shop can gladly help you. Please start using these envelopes in the New Year. New parishioners who wish to use donation envelopes please register in the gift shop or from our website.

Society of St. Vincent de Paul

Tel: 647 772 1319 www.svdptoronto.org

Since there will never cease to be some in need on earth, I therefore command you, open your hand to the poor and needy neighbor in your land. - Deuteronomy 15:11

Thank you for your ongoing love and generosity towards the poor. Your donations to the Poor Box go a long way to help many poor and unfortunate families.

Horizons of Hope Program

Are you advancing in age, or do you have an elderly loved one that you are worried about? This is a program, designed by the Archdiocese of Toronto, for those who wish to learn more about issues associated with palliative care, dying, death, suffering, accompaniment, and bereavement in a holistic fashion and from a Catholic perspective. We are offering this program at St. Aidan's. There are 4 sessions, all Tuesday evenings, from 7:00 pm to 8:30 pm. Last session is February 6. Everyone is welcome to attend.

Saying of the Saints

It is true that God's power triumphs over everything, but humble and suffering prayer prevails over God Himself. - St. Pius of Pietrelcina

To abandon, for God's sake, all worldly enjoyments, has always been the practice of holy souls. - St. Alphonsus Liguori

It is simply impossible to lead a virtuous life without the aid of prayer. - St. John Chrysostom

Take yourself off to the garden of olives or to the foot of the cross and stay there. Our Lord will speak to you; and you listen to him.